

GD Goenka Signature School

Sample Menu

B R E A K F A S T							
Cereal						Chocos	Strawberry cornflakes
Fruit	Apple	Keenu	Banana	Apple	Keenu	Banana	Cut Papaya
Milk	Hot & Cold	Hot & cold	Hot & cold	Hot & cold	Cold Coffee	Hot & cold	Hot & cold/ Fresh juice
Bread	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**
Main Dish	Aloo Parantha	Idly sambhar	Pav Bhaji	Paneer Parantha	Grilled Cheese S/W	Amritsari Naan	Bedemi Poori Bhaji
Egg		Vermicilli Upma		Veg Poha		Boiled Egg	Omelette (live)
L U N C H							
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dal	Dal Green Moong	Dal Dhaba	Kala Channa	Yellow moong dal	Rajma Masala	Moth Dal	Dal Banjara
Veg 1	Vegetable Jalfrezi	Paneer Lababdar	Sarson Ka Saag	Soya Masala	Nadru Kofta Curry	Methi aloo	Baingan Bharta
Veg/Conti.	Shepherds Pie	Mashed Potatoes and Green Bean	Cauliflower Mornay	Veg. Pizza	Penne in Vegetarian Bolognese Sauce	Calzones	Macroni in Red Sc.
Curd/Soup	Corn Soup With Zucchini	Cucumber Raita	Curd	Minestrone Soup With Macaroni	Onion Tomato Raita	Pineapple Raita	Curd
Rice	Plain Rice	Jeera Rice	Plain Rice	Babycorn & Broccoli Rice	Steam Rice	Steam Rice	Veg Biryani
Breads	Roti,Parantha, Msl Bread	Roti,Parantha, Hard Rolls	Roti,Makai ki Roti	Roti,Parantha, Onion Bread	Roti,Parantha, Hard Rolls	Roti,Parantha, Garlic Jeera Bread	Roti,Parantha Focaccia
	Chutney	Mix & Green Chilly	Mix & Green Chutney	Mix & Garlic Red Chilly	Chilly	Chutney	Mix & Green Chilly
Dessert	Chocolate pastry		Moong Dal Halwa		Besan Ladoo		Fruit Cream
S N A C K S							
Snacks D/B	Kachori	Mint Cucumber S/w	Veg Patties	Samosa	Doughnut	Delhi-6	
Snacks R/B	Kachori	Mint Cucumber S/w	Veg Patties	Samosa	Doughnut	Delhi-6	Burger
Fruit	Banana	Guava	Keenu	Banana	Guava	Apple	Fruit chat
Refreshment	Tang Water	Nimbu Pani	Orange Glucon D	Nimbu Pani	Jaljeera	Glucon D	Mint Nimbu Pani
D I N N E R							
Soup	Hot n Sour	Soup	Manchaow	Thukpa Soup	Soup	Sweet Corn	Cream of Tomato Soup
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Salad 2	Murmura	Sprout	Ceaser	Three Beans Salad	Russian	Kimchi	Tossed
Dal	Tadka	Urad Dal	Masoor Dal	Chana Dal	Green Moong Dal	Veg Manchurian	Mix Dal
Veg 1	Shubnum Curry	Soya Malai Chap	Palak Paneer	Veg Kofta	Paneer Korma	Thai Curry	Paneer Butter Masala
Veg/Conti.	Mongolian Tawa (live)	Veg Spaghetti (live)	Veg Mussaka	Sarsoon Ka Saag	Pomme Lyonnaise	Hakka Noodles, Spring Rolls	Stuff vegetable
Non.Veg.			Chicken Biryani	Makka Roti (live)	Grilled Chicken Bar Be Que Sauce		Butter Chicken
Rice	Plain Rice	Beans & Carrot Pulao	Veg Biryani	Rice	Plain Rice	Tofu & Corn Rice	Plain Rice
Breads	Roti,Parantha, Bread roll	Roti,Parantha, Gr.Bread	Roti,Parantha, Bread	Roti,Parantha, Hard Roll	Roti,Parantha, Focaccia Bread	Roti, Garlic Bread	Td.Roti,Parantha, Bread
	Mix & Tomato Chutney	Mix & Green Chilly	Mix & Green Chutney	Gud,White Butter	Mix & Green Chilly	Mix & Hot Garlic Sc.	Mix & Green Chilly

Dessert	Carrot Kheer	Swiss Roll	Jalebi	Choc.Balls	Fruit Pudding	Gui Cake	Pineapple Semolina Cake	
	*** Menu Subject							
Wbbj*	Butter Jam							
Bbbj**	Butter Jam							